CHINESE WUSHU & TAICHI ACADEMY LLC

709 ½ S. King Street, Seattle, WA 98104

(206)749-9513

[www.chinesewushutaichi.com](http://www.chinesewushutaichi.com)

2011 2nd Qtr. April 5 – June 11 , 10 weeks

2011 3rd Qtr. July 12 – September 17, 10 weeks

2011 4th Qtr. October 4 – December 10, 10 weeks

*Tai Chi as internal Wu Shu, is one kind of Qi Gong. Wu Shu is the mandarin word for martial arts*

*Our school offers classic and authentic Chen style and Yang style Tai Chi from China*

Master **Yijiao Hong:** Started Wushu at age 8 in China; B.A Degree from Zhejiang Normal University, China in Wushu and Taichi with 33 years experience; National Wushu Team member, Top 10 world professional Taichi athlete in 1999; Zhejiang College of Chinese Traditional Medicine, college Wushu and Taichi Team Coach and assistant professor 1992-1994, Hang Zhou, China; Certified International A Grade Wu Shu Judge by IWuF, Beijing, China 2004; An official disciple of Grandmaster Chen Zhenglei 2007 and has been his student since 1998; Yang Taichi from Yang family successor world renown Grandmaster Fu Shengyuan since 1995.

Instructor of Yang Taichi: **Sifu James Guidon** is certified Yang Tai Chi instructor by Master Yijiao Hong with over 20 years experience

**Class location 709 1/2 S. King Street, Seattle WA 98104. Taught by Yijiao Hong**

**Tues: Taichi Yang Style beginning 1 starts Oct.4, 2011** 6:00 P.M – 7:00 P.M

**Tues:** Taichi Chen silk reeling, old frame 1 7:00 P.M. – 8:15 P.M.

**Wed:** Chen Old Frame 1, 2, Push hands, Dao, Jian 6:00 P.M.-7:40 P.M or 8:00 P.M.

**Sat:** Taichi Chen silk reeling, old frame 1 8:30 A.M. - 9:45 A.M.

**Sat:** Taichi Yang 24, 40, 85, Push Hands, 32 Jian 9:45 A.M. – 11:25 A.M.

**Please make your quarterly check payable to CWTALLC by March 16, July 11, September 17, 2011, after due day $20 extra.**

**Multi-classes $50 off/10 weeks;**

**Over 60 years old senior $10 off /10 weeks.**

**Please note: No refund/one qtr. commitment.**

Advanced Taichi Chen Dao and Jian on Wednesday (6pm-8pm) $325

Advanced Taichi Yang on Saturday and Chen on Wednesday (6pm-7:40pm) $250

Beginning-intermediate Taichi Chen on Tuesday and Saturday $190

**Beginning 1 Yang style Taichi on Tuesday starts in Oct. 2011 $200 includes tuition, uniform and registration fee – limit 15 students**

***For Yang Taichi private lessons $50/one hour/per person, please contact Sifu James Guidon at 206-527-0144***